

Immersive Experiences Days 1-5

Dental Simulations

- Carve a tooth: develop the essential dexterity skills needed to succeed
- Patient consultations: learn the basic skills needed to conduct a consultation and support your patient's oral care
- Solve complex case conundrums and decide the best procedures for real-life patient case studies

Enter the Dental Practice

- Spend the day at a London dental practice
- Learn the most common procedures, the equipment used and the skills needed
- Witness live demonstrations of oral hygiene and dental photography
- Conduct patient x-rays and discuss treatment plans
- Find out how dentists identify the cause of dental problems
- Undertake dental training-style challenges: review ethical case studies, analyse mock patient consultations, demonstrate empathy when breaking bad news and more
- Develop your practical skills and learn how to cast impressions

Enter the Dental Hospital

- Visit a top university teaching hospital in London
- Enter the prosthetics laboratory and learn how to cast impressions
- Develop your dexterity skills using phantom heads: drill into teeth with decay and prep your patient for a filling
- Learn about dental trauma: review a patient's data and identify dental injury
- Perform the right tests and initiate treatment to save a tooth
- Become a dental surgeon: stitch and suture wounds
- Recommend follow-up examinations and treatments

Excelling in Your Dental School Application

- Build an outstanding dental school application
- Creating a 'winning' personal statement
- Practise your answers to challenging questions with live feedback

-The interview structure: MMIs vs panel

-Excelling at interviews: receive coaching by dentists who run medical school interviews

Immersive Experiences Days 6-10

The Consultation Clinic

-Learn how to communicate with patients and investigate their symptoms

-Hold a series of patient consultations, following the recommended structure and techniques

-Understand your patients' complex needs and address their expectations

-Discuss diagnoses and consider the best course of action

-Investigate different types of pain management and create a pain management plan

-Perform a follow-up consultation after their initial examination

-Receive live feedback from patients and dentists

Dentistry Beyond the Practice

-Explore cutting-edge fields beyond the daily dental practice: oral surgery, orthodontics, forensic odontology and more

-Learn the most common procedures of an orthodontist

-Assess the dental needs of a population and create a dental public health plan

-3D printing in implant dentistry: design 3D printed teeth to fit a patient's jaw

-Examine the use of dental records to identify human remains in mass disasters

-Delve into dental research: explore research topics and the testing of novel treatments, therapies and diagnostics

Pain Management and Digital Health

-Get into the mind of a patient and understand their anxieties

- Learn how to combat a patient's concerns with sedation and pain management techniques

-Discover the impact of COVID-19 on traditional dental practice and the increasing use of telemedicine

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Build Your Dentistry Business

- Examine dental technology equipment and how it is used in business
- Explore how dentists work with brands to further community outreach and develop science and innovation initiatives
- Learn how to build a successful dentistry business
- Explore how dentists work with brands to further community outreach and develop science and innovation initiatives

Networking Event With Top Dentists

- Take part in a private networking session with specialist dentists and dentistry students
- Have your burning questions answered by those in the know
- Receive valuable advice from experts in the field

Immersive Experiences Days 11-15

CAREERMAX

Over the next five days, we will prepare you to outperform others in the race to become a top dentist. You will be given dedicated coaching on how to become a world-class medical professional, with training on the most crucial skills that universities and employers are looking for: leadership, teamwork, problem-solving, agility, communication and time management. Expect hands-on, interactive activities led by experts, to help turn you into a confident young professional, right now.

Leadership & Teamwork

- How you can build a high-performance team
- The most effective styles of leadership you can adopt
- What makes the ultimate team player?
- Inspiring and motivating others
- Leading vs managing

Leadership & Teamwork Challenge:work with your team to try and solve an outbreak of a deadly strain of flu

Communication

- How to communicate effectively in a team environment
- Understanding emotional intelligence and using empathy
- Building strong interpersonal skills

-Influencing others

Communication challenge: use your communication skills to share difficult news with patients in different scenarios

Problem-Solving

-How you should approach problems and solve them decisively

-Analytical skills: identifying and structuring problems

-Creative and lateral thinking

-Effective decision-making

-Implementing solutions, analysing results and making changes

Problem-solving in dentistry: work through a series of complex issues to save lives in the aftermath of a natural disaster

Agility

-Developing adaptability and resilience

-Getting over the fear of failure and learning from mistakes

-How to develop a 'growth mindset': using a personal development plan to set effective goals and identifying key areas of improvement to best prepare you for the future

Agility in dentistry: immerse yourself in a role-play where you have to bounce back quickly from a very difficult patient situation

Time Management Coaching

-How successful people manage time

-The time management quadrant

-Setting goals, prioritising, simplifying and re-evaluating

-The power of hyper-focusing

-Eliminating distractions

-Practising the '4Ds': doing, deferring, delegating and deleting

-Implementing solutions, analysing results and making changes

Time management challenge: see as many patients as you can in 60 minutes – prioritise those who need the most urgent attention