

The Young Psychologist Autumn Internship Live Online

Ages 15-18 | 17th - 21st October 2020 or 24th - 28th October 2020

The Young Psychologist Autumn Internship gives students aged 15-18 a 360-degree work experience in psychology, from the comfort of their own home. Over the course of 5 days, you will be working with top psychologists 'Live Online' via our state-of-the-art interactive platform.

You will experience the real-life work of a psychologist, with opportunities to take part in live patient consultations, testify as a psychological expert witness during a criminal trial and develop a psychological 'game plan' for a leading sports team.

You will also have the opportunity to network with our psychologists and ask them all your burning questions, just as you would in-person.

Join us for a truly unique experience that will serve as an outstanding differentiator on your university and job applications and set you up for a future as a successful psychologist.

Internship Highlights:

An Immersive Experience in Psychology:

- Carry out consultations and develop treatment plans for a variety of patients alongside top psychologists
- Act as a psychological expert witness in a simulated criminal trial and advise the police in a live hostage negotiation
- Advise on the organisational transformation of a business, analysing personality types and culture in the workplace
- Consult with a sports team and deploy innovative techniques to enhance players' performance on match day
- Design and implement interventions for struggling children, focusing on behaviour management, learning strategies and relaxation techniques

Meet Senior Psychologists from a Variety of Specialities:

- Be coached through the immersive experiences with psychologists from a wide array of specialities: clinical, forensic, sports, business and educational
- Private virtual networking/panel sessions with these professionals, who can become vital connections for your future career

Comprehensive Career Coaching:

- Training on how you can get one of the most desirable jobs in psychology, starting now: A-level/IB, university and degree choices; extra-curricular activities; work experience; application and interview techniques
- Experience real-life recruitment methods used by top employers in psychology
- Personalised development plan: create a personalised development plan based on the advice you are given, which identifies your strengths and weaknesses and shows you which areas you need to develop further

Competitive Advantage In Your University Applications:

- Attending the internship demonstrates that you've gained key skills such as communication, negotiation and problem solving, which are highly valued by top universities
 - Complete the online assessment after the programme and receive a personalised certificate to include in your UCAS/College applications
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Timetable:

DAY 1: FORENSIC PSYCHOLOGY

11.00am - The World of a Psychologist

- Psychology in real life: a world of opportunities
- Emerging approaches
- Expectations vs reality

11.30am - Psychology in Law: The Expert Witness

- Work alongside forensic and criminal psychologists to assess the psychological state of a criminal in a simulated criminal case
- Take to the stand and testify as an expert witness
- Eyewitness testimony: when help becomes hindrance

1.30pm - Lunch Break

2.00pm - Psychology in Law: Risk & Society

- Advise the police during a live hostage negotiation
- Carry out an in-depth risk assessment on a criminal, consulting a parole board on whether they should be released.

3.15pm - Career Coaching & Panel Discussion

- Your career as a future forensic psychologist
- Coaching on choosing the right university, A-levels/IB, and degree subject, and how to get the right work experience
- Q&A panel with experienced clinical and forensic psychologists: insider advice and top tips

4.30pm - Close

**exact programme subject to change without notice*

DAY 2: CLINICAL PSYCHOLOGY

11.00am - Live Patient Consultations: Assessment

- Under the guidance of high-ranking clinical psychologists, you will participate in live, simulated patient consultations
- Learn the fundamentals of patient interaction
- Building trust and establishing rapport
- Recognise key symptoms and perform an initial assessment across a variety of patients

1.00pm - Lunch Break

1.30pm - Live Patient Consultations: Treatments

- Develop bespoke treatment plans for each patient based on real-life strategies and techniques
- Get patients to accept and follow your treatment plan

3.30pm - Career Coaching

- Your career as a future clinical psychologist
- Coaching on choosing the right university, A-levels/IB, and degree subject, and how to get the right work experience

4.00pm - Close

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DAY 3: BUSINESS PSYCHOLOGY

11.00am - Psychology in Business: Consumerism

- Learn how blue-chip companies deploy psychological techniques to win your business
- Identify the habits and desires of a business's customer base
- Analyse the customer profiles and review a conversion strategy
- Develop thoughtful solutions to social problems using behavioural science

1.00pm - Lunch Break

2.00pm - Psychology in Business: Organisational Psychology

- Explore the psychology which underpins successful organisations
- Analyse case studies of companies who got it right and those who didn't
- Evaluate different personality types in the workplace and delve into the dark side of personality
- Consult on policies to generate effective and sustainable performance from your organisation and its individuals during an organisational overhaul

4.00pm - Career Coaching

- Your career as a future business psychologist
- Coaching on choosing the right university, A-levels/IB, and degree subject, and how to get the right work experience

4.30pm - Close

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DAY 4: SPORTS AND EDUCATIONAL PSYCHOLOGY

11.00am - Psychology in Sport: The Game Plan

- Consult with a sports team and assist with key areas of player development and performance
- Recognise the team's critical flaws during game-time
- Organise a personalised feedback session with a troubled player
- Goal setting: develop psychological strategies to enhance players' concentration and resilience

12.00pm - Psychology in Sport: Match Day

- Understand the psychology behind performance
- Going for the win: pre match preparation
- Master the game day routine

1.00pm - Lunch Break

1.30pm - Educational Psychology

- Work alongside top educational psychologists, researching children's social, cognitive, and emotional developmental issues
- Identify issues affecting a child's wellbeing
- Design and implement interventions, focusing on behaviour management, learning strategies and relaxation techniques.

3.30pm - Career Coaching & Panel Discussion

- Your career as a future sports or educational psychologist
- Coaching on choosing the right university, A-levels/IB, and degree subject, and how to get the right work experience
- Q&A panel with experienced business, educational and sports psychologists: insider advice and top tips

4.30pm - Close

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DAY 5: PERSONAL DEVELOPMENT DAY

11.00am - Applying for top jobs in Psychology

- CVs, cover letters and application forms for top jobs in your chosen area of psychology
- Ensuring you have both the style and substance to make it to the interview stage

12.00pm - Work Experience

- Coaching on how to get the work experience that employers are looking for – both traditional forms of work experience and other relevant experience that will make your application stand out, including extra-curricular activities
- How to make the most of work experience once you get it – impressing employers and using this as a gold star on your CV

1.00pm - Lunch Break

2.00pm - Assessment Centres

- How to impress during assessment centres
- Experience mock assessment centre activities used by top firms and receive feedback on your performance

3.00pm - Interviews

- Coaching on how to excel at the interview stage
- Preparation; style; body language; understanding what you are really being asked; answering difficult questions and more
- Interactive interview exercises for you to participate in

4.00pm - Close

**In advance of the Internship you will be asked to create a CV and cover letter for a job as a top psychologist. You will also do some personal reflection on your achievements and ambitions. You will then edit this throughout the day based on the advice you are given, to create your own personal development plan – highlighting your strengths and areas for improvement.*