

The Young Doctor Autumn Internship Live Online

Ages 15-18 | 17th - 21st October 2020 or 24th - 28th October 2020

The Young Doctor Autumn Internship gives students aged 15-18 a 360-degree work experience in Medicine, from the comfort of their own home.

You will experience the real-life work of a doctor, with opportunities to shadow a doctor on a simulated ward round and observe patient consultations taking place live in a London hospital. In addition, two whole days will be dedicated to medical school application coaching, with doctors training you on how to excel at every stage, including personal statements, applications and interviews.

You will also have the opportunity to network with our doctors and ask them all your burning questions, just as you would in-person.

Join us for a truly unique experience that will serve as an outstanding differentiator on your university and job applications and set you up for a future as a successful doctor.

Internship Highlights:

Immersive Medical Experiences:

- Shadow doctors on a simulated ward round
- Witness patient consultation in a simulated GP surgery
- Develop your clinical reasoning as part of a diagnostic escape room simulation

Comprehensive Medical School Application Coaching:

- Comprehensive coaching on how to excel in the medical school admissions process: personal statements; interviews; UCAT and BMAT assessments; extra-curricular activities; work experience and more
- Personalised development plan: create a personalised development plan based on advice you are given by doctors, which identifies your strengths and weaknesses and shows you which areas you need to develop further

Meet Senior Doctors From a Variety of Disciplines:

- Be coached through immersive experiences with doctors from oncology, surgery, emergency medicine, cardiology and more
- Online networking/panel sessions with these doctors who can become vital connections for your future career

Competitive Advantage In Your University & Job Applications:

- Attendance will demonstrate your commitment to Medicine and that you've gained valuable hands-on experience with professionals
 - Complete the online assessment after the programme and receive a personalised certificate showcasing your progress through the internship
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Timetable:

DAY 1: THE WORLD OF A DOCTOR

11.00am - The World of a Doctor

- The values, attributes and behaviours that make you a top doctor
- Key medical skills
- Privilege and responsibility
- Issues in healthcare

12.00pm - Trauma and Resuscitation

- Dealing with major incidents
- Basic Life Support (BLS)
- Live demonstration of cardiopulmonary resuscitation (CPR)

1.00pm - Lunch Break

2.00pm - The Emergency Room

- Live demonstration of an A&E scenario using the latest Virtual Reality technology
- Investigate symptoms
- Discuss diagnosis
- Examine a patient's x-ray and ECG
- Initiating treatment

3.30pm - Panel Discussion with Top Doctors

- Ask questions to high-ranking doctors across various disciplines
- Guidance on applications from those on the inside of medical school applications

4.30pm – Close

**exact programme subject to change without notice*

DAY 2: ENTER THE HOSPITAL

11.00am - The GP Surgery

- Observe doctors examining real patients
- Take medical histories of common conditions
- Review pathology reports
- Compare community healthcare with hospital Medicine

12.30pm - The Consultant

- Participate in a consultation with a specialist
- Take medical histories of more advanced conditions
- Practice your communication skills with patients

1.30pm - Lunch Break

2.30pm - The Ward Round

- Care for patients with different medical and surgical conditions
- Experience what doctors do on a daily ward round
- Review patients and deal with unexpected problems
- Practice explaining test results to patients
- Interact with multiple healthcare professionals to receive an appreciation of the multidisciplinary teams in Medicine

4.00pm – Close

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DAY 3: IMMERSIVE MEDICAL SIMULATIONS

11.00am - Diagnostic Escape Room

- Race against the clock to work out the diagnosis
- Initiate treatment and save the patient's life
- Engage in a simulated case-based discussion with guidance from an experienced doctor

12.30pm - Patient Diagnosis

- Step into the shoes of a doctor by reviewing patients' histories and making decisions
- Interpret x-rays and blood test results to help you reach a diagnosis

2.00pm - Lunch Break

3.00pm - Medical Ethics

- Explore some of the most controversial questions in Medicine, which often come up in medical school interviews
- Coaching on how to tackle ethics interview
- Debate with your peers on a hot topic in medical ethics
- Argue for or against and see who wins

4.30pm - Close

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DAY 4: MEDICAL SCHOOL APPLICATION COACHING (PART I)

11.00am - Medical School Applications

- Choosing the right medical school
- Building an outstanding medical school application
- Creating a 'winning' personal statement
- Analyse and learn from model personal statements

12.00pm - UCAT & BMAT Workshop

- Receive tips, tricks and advice from experts
- Practice questions in an interactive way and receive live feedback

1.00pm - Lunch Break

2.00pm - Medical School Interviews

- The STARR approach to interviews
- What they want to hear
- The fundamental things to do and not to do
- Successful preparation
- Discussion about medical ethics

3.00pm - Interview Demonstrations

- Observe and critique mock medical school interviews with professionals
- Learn how to succeed in a range of interview types and question formats

4.30pm - Close

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DAY 5: MEDICAL SCHOOL APPLICATION COACHING (PART II)

11.00am - Work Experience & Extra Curricular Activities

- Receive personalised tips, tricks and advice on how to acquire relevant opportunities
- How to successfully relate your personal interests to the values, attributes and behaviours of a good doctor

12.30pm - Personal Statement Clinic

- Tips and tricks behind a medical personal statement
- Construct an outstanding paragraph
- Personal statement review and gain valuable feedback from doctors

1.30pm - Lunch Break

2.30pm - Interview Practice

- Practice real interview questions in timed conditions
- Receive feedback from experienced doctors

3.30pm - Your Future as a Doctor

- Bring together your learning and experiences of the Internship
- Come away with clear next steps and future goals outlined

4.30pm - Close

**From the first day of your Internship, you will be asked to note down your reflections of what you experience. You will also be asked to write sections of your Personal Statement. During this unique day, you will go through multiple sessions led by current medical students and doctors. The coaching you receive during the day will enable you to create your own Development Plan – allowing you to come away from the Internship with a clear idea of your strengths and areas of improvement.*