2016 Example Timetable
Junior English Plus Sports

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:30	**Arrival day** PowerPoint Presentation Induction and Orientation	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up	Wake up
07:45-08:45		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00-10:30		English test & Information	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson	Full-Day Excursion to London	Full-Day Excursion to Portsmouth
10:30-11:00			Break	Break	Break	Break	Break		
11:00-12:30		(high season only)	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson		
12:30-13:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
13:45-14:30		Half-Day Excursion to Bournemouth	Aeroball	Bench ball	Football	Team building	Jurassic Coast walk to Durlston Country Park including Castle, Lighthouse, Caves, Globe		
14:30-15:15			Bench ball	Hockey	Swimming	Volleyball			
15:15-15:30			Break	Break	Break	Break			
15:30 -16:15			Basketball	Team sports	Relay Games	Tennis			
16:15-17:00			Gym Training	Team sports	Kwik Cricket	Badminton			
17:30-18:30			After School Clubs	After School Clubs	After School Clubs	After School Clubs	After School Clubs		
18:30-19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:15-22:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities
22:45	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime