

Shrewsbury : Sports/Dance Academy

Sample Programme (subject to change)

15 hours' English tuition + 15 hours' Sports tuition per week



	July							
	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	
08:00 - 08:30	Breakfast - with English Student Hosts				Excursion to Warwick Castle and Stratford	Breakfast - with English Student Hosts		
08:30 - 09:00	Morning meeting					Morning meeting		
09:00 - 10:30	Multi-Activity / Teambuilding	Sports Coaching	Sports Coaching	Sports Coaching		Sports Coaching	Sports Tournament	
10:30 - 11:00		Break				Break		
11:00 - 12:30		Sports Coaching	Sports Coaching	Sports Coaching		Sports Coaching	Sports Tournament	
12.35 - 13:30	Lunch - with English Student Hosts					Lunch		
13:30 - 14:00	14:00-15:30 English Skills	Showers	Excursion to Chester	Showers		Showers		
14:00 - 15:30		English Skills		English Skills		English Skills	English Skills	
15:30 - 15:50		Break		Break		Break	Break	
15:50 - 17:20		English Skills		English Workshops		English Workshops	English Workshops	English Workshops
17:20 - 18.30	Chill Out	Chill Out		Chill Out		Chill Out	Chill Out	
18:15 - 18:45	Dinner - with English Student Hosts							
19:30 - 21:30	Commando Challenge (Teambuilding)	Blind Date (Entertainment)	International Evening (Student Performance)	Bonfun (Outdoor Games)	House night (Relaxing evening)	Casino Night (Indoor Games)	English Workshop Presentation + Party Night (Disco)	
21:30 - 22:00	Bedtime							

Chill Out	Choices each day	Relax in Houses, Arts & Crafts, Sports (Badminton, Basketball, Frisbee, Football, Tennis, Softball, Table Tennis, Volleyball)
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