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7.30am	Arrivals: Welcome on board!		07:30 Wake up					
8.00am	 <p>French tests for new arrivals on Mondays</p>		Breakfast					
9.00am - 12.00am			<p>Standard course</p> 					
1.00pm			Lunch					
2.00pm - 5.00pm	<p>For new arrivals</p> <p>Sports and activities on campus</p>		<p>Visit of Antibes</p> 	<p>Free afternoon</p> 	<p>Sailing afternoon</p> 	<p>Tree top adventure park</p> 	<p>Sports afternoon</p> 	<p>Visit of Monaco</p> 
6.00pm			 <p>Volleyball</p>	 <p>Circus</p>	 <p>Dance</p>	 <p>Basketball</p>	 <p>Water games</p>	 <p>Football</p>
7.00pm	Dinner							
8.00pm - 10.00pm	 <p>Welcome evening</p>	 <p>Barbeque evening</p>	 <p>Casino evening</p>	 <p>Film evening</p>	 <p>Cabaret</p>	 <p>Disco evening</p>	 <p>Olympics evening</p>	

	Sunday	Monday	Tuesday*	Wednesday	Thursday*	Friday	Saturday
7.30am	Wake up 						
8.00am	Breakfast 						
9.00am - 12.00am	 <p>Free day</p>	<p>Standard course</p>     					<p>Departure See you next year!</p> 
1.00pm		Lunch 					
2.00pm - 5.00pm		<p>Visit of Antibes or free afternoon</p> 	<p>Free afternoon</p> 	<p>Sailing afternoon</p> 	<p>Visit of Monaco</p> 	<p>Sports afternoon</p> 	
6.00pm		<p>Sports and activities on campus</p>  <p>Waiters' race</p>	 <p>Football tennis</p>	 <p>Zumba</p>	 <p>Sports tournament</p>	 <p>Dodgeball</p>	
7.00pm	Dinner 						
8.00pm - 10.00pm	 <p>Welcome evening</p>	 <p>Barbeque evening</p>	 <p>Treasure hunt</p>	 <p>Karaoke</p>	 <p>Cabaret</p>	 <p>Pool party</p>	

*Intensive course




























ANTIBES ESSENTIAL ACTIVITY PROGRAM

8 - 11 YEARS OLD

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7.30am	Arrivals: Welcome on board!		07:30 Wake up					
8.00am	 <p>French tests for new arrivals on Mondays</p>		Standard course					
9.00am - 12.00am								
1.00pm			Lunch					
2.00pm - 5.00pm	<p>For new arrivals</p> <p>Pool day</p>							
6.00pm	 Badminton Table tennis	 Volleyball	 Circus	 Dance	 Basketball	 Water games	 Football	
7.00pm	Dinner							
8.00pm - 9.30pm	 Welcome evening	 Barbeque evening	 Casino evening	 Film evening	 Cabaret	 Disco evening	 Olympics evening	

ANTIBES ESSENTIAL ACTIVITY PROGRAM

8 - 11 YEARS OLD

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7.30am	Wake up 							
8.00am	Breakfast 							
9.00am - 12.00am	Swimming at the beach 	Standard course     					Departure See you next year! 	
1.00pm	Lunch 							
2.00pm - 5.00pm		Marineland	Games on site 	Sailing afternoon 	Visit of Cannes 	Sports afternoon 		
6.00pm	Sports and activities on campus	 Waiters' race	 Football tennis	 Zumba	 Sports tournament	 Dodgeball		
7.00pm	Dinner 							
8.00pm - 9.30pm	 Welcome evening	 Barbeque evening	 Treasure hunt	 Karaoke	 Cabaret	 Pool party		