

Sample of a weekly schedule in Lindenberg – Intensive course 30

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:15 – 08:25	Breakfast						
08:30 – 10:00	Class						
10:00 – 10:30	Break – Fruit basket						
10:30 – 12:00	Class						Fullday excursion to Munich (packed lunch):
12:00 – 12:15	Break						
12:15 – 13:00	Class						
13:00 – 14:00	Lunch						
14:15 – 15:00	Class	Class	Halfday excursion to Ravensburg:	Class	Hiking tour around Lindenberg***	Visiting the „Deutsches Museum“	Brunch (10:00–14:00)
15:00 – 15:45	Mountain biking*** or miniature golf						
16:00 – 17:00		City rally	City walk **	City walk **	Cleaning the rooms Outdoor climbing wall or yoga		
17:00 – 18:00	Dinner						
18:00 – 19:00		Homework	Dinner	Homework	Homework	Dinner	
19:00 – 20:00	Handicrafts: batik arts or volleyball						School rally with different kind of exercises
20:00 – 21:00		Zumba or board games	Billiard, darts and ping-pong				
22:00	Night rest				Night rest		
23:00	Night rest					Night rest	
00:00	Night rest				Night rest		

Please note that free-time activities vary from week to week, i.e. they do not follow standardized leisure programs. Activities depend on the student's interests and the weather conditions. Most of the free-time activities like basketball, volleyball, badminton, football, table tennis, darts, handicrafts and workshops, etc. are pursued on the school's premises.

** In small groups with sign out and -in ***off campus