

TORONTO

EXPERIENCE PROGRAMME

Day		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
From	To	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
08:30	09:00		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00	18:00		FD: Adjustment Day- Get used to the new timezone while meeting the staff and becoming acquainted with the campus. Various activities and events will be planned.			FD: Tour the distillery District, St Lawrence Market, Visit Old Toronto and the CN tower Observation deck. (Optional visit to Hockey Hall of Fame *extra cost*)		FD: Redwing Institute Nature Walk, Kensington Market, Queen Street, Royal Ontario Museum
09:00	22:00							
09:00	12:00			Lessons	Lessons		Lessons	
12:00	13:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:00	18:00		Sports, Movies, and Recreation		Sports, Movies, and Recreation		Sports, Movies, and Recreation	
13:00	16:00		Lessons	Lessons	Lessons	Lessons		
13:00	22:00			FD: Toronto Sign, see the outside of Toronto City hall and Totonto Old City Hall, Explore Young Street, visit the Toronto Eaton Centre and Young-Dundas Square.				
13:00	13:15	Campus Check In						
18:00	19:00		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
18:00	18:00							
19:30	20:30			Relax and Shower time		Relax and Shower time	Relax and Shower time	Relax and Shower time
20:30	22:30	Welcome Party		Disco		Talent Contest		Disco

SUGGESTED PROGRAMME

TORONTO

EXPERIENCE PROGRAMME

Day		Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Day 15
From	To	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
08:30	09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00	18:00								
09:00	22:00				FD: Canada's Wonderland		FD: Check out of College, depart for Montreal. Hike to the Chalet at the summit of Mont Royal, Visit the Montreal Old Port and Old Montreal	FD: Visit the Jean Talon Market and St. Josephs Oratory. Transfer to Toronto in the evening to stay at a hotel near Toronto Airport	Check out
09:00	12:00		Lessons	Lessons		Lessons			
12:00	13:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:00	18:00		Sports, Movies, and Recreation			Sports, Movies, and Recreation			
13:00	16:00		Lessons			Lessons			
13:00	22:00	FD: Ferry to Centre island, (students can rent bike and kayaks *extra cost*) Dinner at Harbourfront		FD: Niagara Falls and Niagara Cruises Boat tour to the base of the falls.					
13:00	13:15								Departure
18:00	19:00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
18:00	18:00						Check in Hotel Montreal	Check in Hotel Toronto	
19:30	20:30		Relax and Shower time	Relax and Shower time	Relax and Shower time	Relax and Shower time	Relax and Shower time	Relax and Shower time	Relax and Shower time
20:30	22:30	Film on Campus		X Factor					

SUGGESTED PROGRAMME

DESCRIPTION OF EXCURSIONS

Toronto

Downtown Toronto: Nathan Philips Square: Students will take pictures in front of the “Toronto” sign, and see the outside of Toronto City Hall and Toronto Old City Hall.

Yonge Street and Toronto Eaton Centre: Students will go shopping on Yonge Street, which is Toronto’s “main” street and one of the oldest and most famous in the city. It used to be the longest street in the world. In addition, they can shop at the nearby Toronto Eaton Centre, a large urban mall that has more than 250 shops. It was the first Canadian shopping center to feature both a Nordstrom and a Saks Fifth Avenue.

Yonge-Dundas Square: Next to the Toronto Eaton Centre is Yonge-Dundas Square, the “Times Square” of Toronto. There are street performers, restaurants, and shops.

Old Toronto: Distillery District: Students will have a brief visit to the Distillery District, a cobblestone, pedestrian-only district that has some of the best-preserved 1800s-era industrial architecture in North America.

St. Lawrence Market South: Students will eat lunch at St. Lawrence Market South, which is an indoor market with artisans and food merchants. It was voted by National Geographic as the best food market in the world.

Old Town Toronto: Students will explore Old Town Toronto, which is a neighborhood and retail district in downtown Toronto. It has one of the biggest concentrations of 1800s-era buildings in all of Ontario. Students can choose to enter the Hockey Hall of Fame for an extra fee; it is located in Old Toronto.

CN Tower: Students will enter the most iconic landmark in Toronto, and see downtown Toronto from 346 meters high, on the observation deck. They also have a glass floor—in fact, it was the world’s first glass floor when it opened in 1994. The CN Tower is the 9th tallest tower in the world and the tallest free-standing structure in the Western Hemisphere.

Toronto Islands & Harbourfront Centre: Students will take a ferry to the Toronto Islands, spending time on Centre Island. Centre Island has a beach where students can relax, or they can rent bikes and explore the island by bike.

Harbourfront Centre: This is the heart of Toronto's waterfront. It's a cultural center and home to the Power Plant Contemporary Art Gallery. The harbor is pleasant place to walk around, with great views, shopping and dining options, and sunset views.

Redwing Institute, Kensington Market, Queen Street, Royal Ontario Museum

Redwing Institute: Students will go on a nature walk through 4 ecological zones, learning about indigenous history and life.

Kensington Market: This is a walkable bohemian neighborhood with vintage shops and boutiques.

Queen Street: Queen Street is one of the most famous streets in Toronto. Queen West was named by Vogue as the second coolest neighborhood in the world. It is a very trendy shopping street.

Royal Ontario Museum: This is the largest museum in Canada, with exhibits on things ranging from dinosaurs to Chinese art to ancient Rome.

Niagara Falls: Students will see one of the natural wonders of the world, observing it by land and by boat, on a Hornblower Cruise. From the Canadian side of the border, the students will be able to see all three falls that make up what we know as "Niagara" Falls: Horseshoe Falls, American Falls, and Niagara Falls.

Canada's Wonderland: Students will visit this famous theme park, the oldest and largest major theme park in Canada. Students can enjoy roller coasters, thrill rides, shows, and the water park. It offers over 200 attractions and 77 rides.

Montreal Mont Royal: Students will hike up the mountain to the summit for vistas of the city of Montreal. (approx. a 20-30 minute walk. There are many stairs and no elevator)

Old Port and Old Montreal: This is the oldest district of Montreal. It is filled with art galleries, boutique shops and restaurants for the students to visit.

Jean Talon Market: This is an open-air farmers' market.

St. Joseph's Oratory: This is a Roman Catholic basilica and national shrine. It is Canada's largest church and home to one of the largest domes in the world. The church is also famous for Brother Andres Bessette, who was believed to possess healing powers through oil ointment given at the church.