

Sample Timetable

Week 1	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Morning 09:00 12:40		Testing & English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)	Full-day excursion to Canterbury	Optional full-day excursions	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)
Afternoon 1 13:45 16:00	Arrivals	Academic Courses <hr/> Drama Course <hr/> Sports Coaching <hr/> Multi-Activity Programme <hr/> Kids' Activity Programme	Half-day excursion to Cambridge Open-top bus sightseeing Walking tour of the university colleges	Academic Courses <hr/> Drama Course <hr/> Sports Coaching <hr/> Multi-Activity Programme <hr/> Kids' Activity Programme	Historic Canterbury River Tour Cathedral visit Walking tour	London Oxford Cambridge Norwich etc	Academic Courses <hr/> Drama Course <hr/> Sports Coaching <hr/> Multi-Activity Programme <hr/> Kids' Activity Programme
Afternoon 2 16:15 17:30		Mixed Zone Activities	Shopping	Mixed Zone Activities	Shopping		Mixed Zone Activities
Evening 19:30 21:30	Welcome meeting and College tour	Welcome Disco	BBQ dinner House activities & outdoor games	Team building: Hide & Seek	Full-day excursion to Canterbury (late return)	Film Night	"Taste of Britain" Obstacle Course Challenge

Week 2	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
Morning 09:00 12:40	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)	Full-day excursion to London Buckingham Palace (Changing of the Guard)	Optional full-day excursions	English Lessons (09:00 – 10:40 BREAK 11:00 – 12:40)
Afternoon 1 13:45 16:00	Academic Courses <hr/> Drama Course <hr/> Sports Coaching <hr/> Multi-Activity Programme <hr/> Kids' Activity Programme	Academic Courses <hr/> Drama Course <hr/> Sports Coaching <hr/> Multi-Activity Programme <hr/> Kids' Activity Programme	Half-day excursion to Cambridge Fitzwilliam Museum Punting on River Cam	Academic Courses <hr/> Drama Course <hr/> Sports Coaching <hr/> Multi-Activity Programme <hr/> Kids' Activity Programme	Whitehall & Westminster walking tour Covent Garden or British Museum	London Oxford Cambridge Norwich etc	Academic Courses <hr/> Drama Course <hr/> Sports Coaching <hr/> Multi-Activity Programme <hr/> Kids' Activity Programme
Afternoon 2 16:15 17:30	Mixed Zone Activities	Mixed Zone Activities	Shopping	Mixed Zone Activities	Shopping		Mixed Zone Activities
Evening 19:30 21:30	International Sports Tournaments	Team building: Capture the flag	BBQ dinner House activities & outdoor games	"Bishop's Stortford's Got Talent" (staff & student talent show)	Full-day excursion to London (late return)	Film Night	Farewell Disco

NB this is a sample course programme and all activities and visits are subject to change due to weather conditions and other external factors

Mixed Zone Activities include: Open Swim / Free-flow sports / Garden Games / Board Games / Shopping / Student Cafe