A TYPICAL DAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Wake Up 7:30AM					Final tournament Awards and
ARRIVAL DAY 29/06 06/07 13/07 EXCURSION DAY (2+ weeks)	Breakfast 8:00AM — 9.00AM					
	Training 9.30AM – 12.00PM		Excursion Activity 9:30AM - 12PM	Training 9.30AM – 12.00PM		individual recognition Camp closing and farewell to
	Shower 12.00PM - 12.30PM			Shower 12.00PM - 12.30PM		
06/07 13/07	Lunch 12.30PM - 1:30PM					the participants CHECK OUT DAY 05/07 12/07
	Entertainment & Relax 1:30PM - 3:30PM					
	Snack Time 3:30PM - 4:00PM Training and Match 4:00PM-6:00PM		Excursion	Training and Match 4:00 PM-6:00 PM		19/07
WELCOME 5:30PM-7:30PM	Training and Mat	CN 4.00PM-6.00PM	Activity 3:30PM - 6:00PM			
	Shower & Back to Hotel 6:00PM-7:30PM					
Dinner 7:30PM-8:30PM						
Evening Entertainment 8:30PM-10:00PM						
Lights Off 10:30PM						