

# SAMPLE COURSE PROGRAMMES

## Clifton Course Programme

Day / time	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
08:00-08:45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00-10:40	Break	Testing & English classes	English classes	English classes	Full-day excursion: London	Optional excursion for groups	English classes
11:00-12:40							
12:45-13:30	Lunch	Lunch	Lunch	Lunch	Packed lunch	Packed lunch	Lunch
13:45-17:45	Arrivals/rooming/orientation	Open-top Bristol bus tour	Half-day excursion: Cardiff	Sports coaching (14:00-17:00) Campus activities or Discover Clifton	London	Multi-activity adventure day for individuals	Sports coaching (14:00-17:00) Campus activities or Discover Bristol
18:00-19:00	Dinner	Dinner	BBQ	Dinner	McDonalds	Dinner	Dinner
	House games	Welcome disco: Hawaiian night	Sports tournaments	Big quiz Ghost walk	Late return	Film night	Dance classes Cooking classes
22:00-22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime
08:00-08:45	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00-10:40	Break	English classes	English classes	English classes	Full-day excursion: Oxford	Optional excursion for groups	English classes
11:00-12:40							
12:45-13:30	Lunch	Lunch	Lunch	Lunch	Packed lunch	Packed lunch	Lunch
13:45-17:45	Sports coaching (14:00-17:00) Campus activities or Zoo visit	Sports coaching (14:00-17:00) Campus activities or Discover Bristol	Half-day excursion: Bath	Sports coaching (14:00-17:00) Campus activities or Discover Bristol	Oxford	Salisbury & Stonehenge for individuals	Sports coaching (14:00-17:00) Campus activities or Discover Bristol
18:00-19:00	Dinner	Dinner	BBQ	Dinner	McDonalds	Dinner	Dinner
	House games	Film night	Sports tournaments	Dance classes Cooking classes	Late return	Student talent show	Farewell disco: Superheros
22:00-22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime

WEEK 1

WEEK 2